

BTEC Tech Award Health and Social Care Component 1—Learning Aim A

Knowledge Organiser

Understand Human Growth and Development across life stages and the factors that affect it.

This knowledge organiser will help you to understand keywords and concepts, as well as how to spell them and define what they mean.

A1: Growth and Development

Life Stages

Infancy 0-2

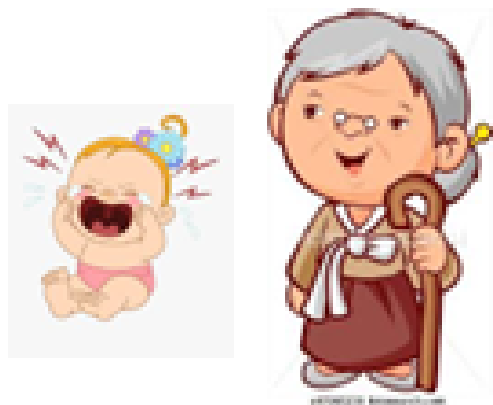
Early Childhood 3-8

Adolescence 9-18

Early Adulthood 19-45

Middle Adulthood 46-65

Later Adulthood 65+



PIES



Physical

Physical growth, muscles, strength, balance, co-ordination, illness/health.

Intellectual

Development of thinking and language skills, brain development.

Emotional

Development of feelings, emotions, sense of self and understanding of others.

Social

Forming relationships, socialising and communicating with others.

A2: Factors affecting Growth and Development



⇒ Physical factors

E.g. Inherited conditions, mental and physical ill health.

⇒ Lifestyle factors

E.g. Nutrition, smoking and alcohol.

⇒ Emotional factors

E.g. Fear, anxiety, worry, grief.

⇒ Social factors

E.g. Supportive and unsupportive relationships.

⇒ Cultural factors

E.g. Religion, gender roles, gender identity, race.

⇒ Environmental factors

E.g. Housing needs, conditions, environment, pollution.

⇒ Economic factors

E.g. Employment situation, finances.

Key Words: Physical, Intellectual, Emotional, Social, Adolescence, Culture, Economic, Development, Growth, Isolation, Attachment, Bond, Relationships.